

## During Your Visit

A care plan is an outcome of a geriatric assessment and is really an “action plan” for future care. The plan will:

- List all identified problems
- Suggest any specific interventions or actions required
- Recommend resources needed to provide the necessary support services

The collaborative care team then meets with the patient and her/his caregiver and explains the team’s findings, the proposed care plan and the team’s recommendations for future care. Before the end of the discussion, the team ensures both patient and caregivers understand what should be done and why.

The collaborative care team often suggests potential alternatives you might not have considered. Their training, experience and familiarity with the resources available in your community make them a valuable asset in making decisions about elder care.

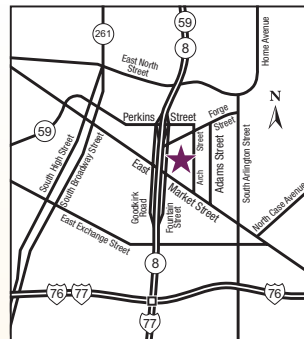
After the first visit, Summa’s geriatrician will communicate with the patient’s primary care physician to share the team’s findings and discuss how to implement the team’s recommendations.

**Nationally renowned**  
for advances in geriatric medicine



## How to Contact Us

Call (330) 375-4100 for more information about the Summa Center for Senior Health. You can reach a staff member between 8:30 a.m. and 4:30 p.m., Monday through Friday. Visit the website at [summahealth.org/seniors](http://summahealth.org/seniors).



### Akron Location

Center for Senior Health  
Summa Akron City Hospital  
75 Arch St., Suite G2  
Akron, OH



### Wadsworth Location

Center for Senior Health  
Summa Wadsworth-Rittman Hospital  
195 Wadsworth Rd.  
Wadsworth, OH



Summa Seniors Institute  
**Center for Senior Health**



# The Summa Center for Senior Health Difference

Someone once said:

**“No one is as smart as all of us.”**

We happen to agree – Summa’s team-based approach to caring for older adults is what makes Summa Health System’s Center for Senior Health different.

The Summa Center for Senior Health is a nationally recognized comprehensive and specialized care center and research and education facility. Its dedicated staff of geriatricians, nurses and social workers offer inpatient and outpatient care and other services in the following areas:

- Memory assessment
- Geriatric assessment
- Fall assessment
- Palliative Care
- Counseling services
- Occupational Therapy
- Neuropsychology assessments



## Our Services

### Memory Services

Focused, in-depth testing to aid with early diagnosis of memory deficits and to implement care plans at all stages of memory loss.

### Geriatric Assessment Services

Comprehensive geriatric assessment includes a complete evaluation of the patient (both mental and physical), his or her functional abilities and their social environment.

### Falls Risk Reduction Services

Comprehensive assessment by a nurse practitioner for patients who have fallen in the past and want to cut their risk of falling again. The nurse practitioner will make recommendations that are specific to decrease future risk.

### Palliative Care Services

Comprehensive assessment and support for patients with serious or life-threatening illnesses to improve quality of life through an interdisciplinary team approach to address physical, psychosocial and emotional disease burden. This includes specialist level symptom management, advance care planning in serious illness, co-management with other outpatient clinicians, psychotherapy counseling and social work assessments.

### Counseling Services

Individual or family sessions to learn skills to manage stress, psychological aspects of pain, depressed mood or anxiety or to work through emotional adjustments to illness or life changes associated with aging.

### Occupational Therapy Program

Functional assessment for the older adult in the area of occupational therapy by collecting information to assist the doctors in making decisions about self care, home management and driving issues.

### Neuropsychology Services

An in-depth examination of memory and other cognitive functions. Evaluation can assist with accurate diagnosis of the problem and lead to specific treatment recommendations. During an evaluation, the patient is given tests to assess memory, problem-solving, spatial skills, attention, language and movement. Neuropsychological consultation may be helpful if, after completing comprehensive geriatric assessment, it is still unclear if memory problems are part of normal aging or an early stage of dementia, such as Alzheimer’s disease. This type of evaluation is also helpful in differentiating among types of dementia (e.g., Alzheimer’s disease versus other dementia), or for making treatment recommendations for individuals with a medical condition that may affect cognitive skills (e.g., stroke, brain injury, Parkinson’s disease).

